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Title 22@ Social Security

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Division 5@ Licensing and Certification of Health Facilities, Home Health Agencies, Clinics, and Referral Agencies

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Chapter 6@ Home Health Agencies

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Article 3@ Services

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Section 74710@ Personal Care/Home Health Aide Services

## **74710 Personal Care/Home Health Aide Services**

### **(a)**

Personal care/home health aide services may include, but not be limited to, the following duties: (1) Assisting patients with personal hygiene such as skin, mouth, hair care and bathing. (2) Assisting patients in and out of bed and assisting with ambulation. (3) Assisting with prescribed exercises which patients and aides have been taught by appropriate health personnel. (4) Preparing meals, including therapeutic diets, and assisting patients with eating. (5) Assisting patients to the bathroom or in using commodes, bedpans or urinals. (6) Performing household services which will facilitate the patient's self-care at home and are necessary to prevent or postpone institutionalization. (7) Assisting patients with medications which are ordinarily self administered. The home health aide shall not administer medications of any kind. (8) Performing other activities taught by a health professional for a specific patient. These may include such services as changing colostomy bags, changing of non-sterile dressings, taking of vital signs, and non-sterile bowel and bladder hygiene care. (9) Reporting changes in the patient's condition and needs to the supervising nurse or therapist. (10) Completing records regarding services performed.

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Performing other activities taught by a health professional for a specific patient. These may include such services as changing colostomy bags, changing of non-sterile dressings, taking of vital signs, and non-sterile bowel and bladder hygiene care.

**(9)**

Reporting changes in the patient's condition and needs to the supervising nurse or therapist.

**(10)**

Completing records regarding services performed.

**(b)**

The aide shall demonstrate competency in any service the aide is to perform prior to providing patient care.

**(c)**

Personal care services which are not provided under a plan of treatment prescribed a physician may be provided by a person who is not a certified home health aide.

**(d)**

Home health agencies participating in the Medicare and/or Medi-Cal program shall meet applicable federal requirements.